

TAHOE HOCKEY ACADEMY CAMP

ITEMS TO PACK AND BRING CHECKLIST



We want the Tahoe Hockey Academy Training Camp to be an amazing experience for your son. What he walks into camp with on day one will go a long way in ensuring he's ready and prepared for all activities he'll be participating in.

Please use the checklist below as a reference in what to pack and bring to camp.

OFF ICE

- Rollerblades
- Backpack
- Baseball hat
- Sunscreen
- Sun Glasses
- Insect repellent or wipes
- Lip Balm with SPF
- Sleeping bag / Pillow
- Prescription medications*
- Water bottle
- Shorts
- T-Shirts
- Athletic shoes
- Athletic Socks
- Underwear
- Hoodie
- Bathing Suit
- Goggles
- Flip Flops
- Towels (beach and shower)

ON ICE

- Dribbling ball or golf ball
- Stick Tape
- Sock tape
- Mouth Piece
- Extra Skate laces
- On ice Stick
- Off ice stick
- Gloves
- Helmet
- Skates
- Hockey Pants
- Shin Guards
- Elbow Pads
- Shoulder pads
- Athletic cup
- Hockey Socks

* If necessary